Saint Paul Senior Workers Association (SPSWA)

Board Meeting Minutes

Date: June 11, 2026
Time: 8:30 AM – 9:00 AM
Location: Virtual/Board Meeting

Board Members Present

- Angela Elwell, Secretary
- Logan Kubista
- Lauren Bednar
- Stacy Atkins
- Rachel Strasburg
- Jarrod Peterson
- Annalisha Perez
- Jim Lord

Call to Order

The meeting was called to order at 8:30 AM.

Approval of Previous Minutes

Angela Elwell, serving as Secretary, reported that the previous meeting minutes had been completed and distributed to the Board.

Agenda Item 1: Upcoming Meetings & Events

June – Joint Public Policy Meeting

An ad has been submitted to Care Options and added to the SPSWA website.

July – "Fun and Games" Meeting

Discussion was held regarding the July membership meeting theme, "Fun and Games." The Board voted on hosting an event at Smash Park in Roseville. More information to come.

August – Summer Social Event

The Board discussed planning for the August Summer Social Event at Cozzies in Stillwater. The date was changed to support those that have plans for National Night Out.

September Meeting Planning

Angela Elwell volunteered to contact Family Means regarding hosting or presenting at the September membership meeting.

Action Item: Angela to reach out to Family Means and coordinate September meeting details.

Agenda Item 2: Fall Meeting Schedule

The Board reviewed the upcoming fall schedule and discussed future programming opportunities.

Member Directory

The Board agreed to begin development of an SPSWA Member Directory to improve networking, member engagement, and resource sharing among members.

Action Item: Communications Committee to explore options and recommendations for creating and maintaining the directory.

Agenda Item 3: Communications Committee Update

Lauren Bednar will serve as Acting Communications Chair.

The Board approved formation of a communications Committee consisting of:

- Lauren Bednar (Chair)
- Stacy Atkins
- Angela Elwell

The committee will oversee social media, member communications, and promotional activities.

Social Media & Member Engagement

The Board reviewed recommendations for strengthening SPSWA's social media presence and increasing member engagement.

Logan will send communication to members encouraging them to:

- Follow SPSWA on LinkedIn and Facebook.
- Like, comment on, and share SPSWA posts.
- Submit member events for promotion through SPSWA social media channels.

The Board approved promoting member events on SPSWA social media platforms to increase visibility for member organizations and encourage greater engagement within the association.

Agenda Item 4: SPSWA Board Retreat

The Board discussed plans for the annual Board Retreat.

The retreat is tentatively scheduled for November 2026. Additional planning and scheduling details will be finalized and communicated to Board members in the coming months.

Action Item: Leadership team to determine retreat date, location, and agenda.

Adjournment

There being no further business, the meeting was adjourned at approximately 9:00 AM.

Action Items Summary

1. Angela to contact Family Means regarding September meeting programming.
2. Logan to communicate social media engagement opportunities to members.
3. Communications Committee to support social media efforts and member event promotion.
4. Communications Committee to explore development of an SPSWA Member Directory.
5. Leadership team to finalize November Board Retreat details.

Minutes submitted by:
Angela Elwell, Secretary
Saint Paul Senior Workers Association (SPSWA)